

Class VII Parent's interaction with the Principal



THE CIVIL SERVICE SCHOOL



Welcome Dear Parents



'Do not ask your children to strive'

by William Martin

Do not ask your children
to strive for extraordinary lives.
Such striving may seem admirable,
but it is the way of foolishness.
Help them instead to find the wonder
and the marvel of an ordinary life.
Show them the joy of tasting
tomatoes, apples and pears.
Show them how to cry
when pets and people die.
Show them the infinite pleasure
in the touch of a hand.
And make the ordinary come alive for them.
The extraordinary will take care of itself.



Attendance and Submissions

- Please ensure that your child attends online classes regularly. There is no substitute to classroom teaching.
- Attending CTIP at 7:30 am is a must as during that time lot of information is given to the children about various activities and events happening in the school.
- Keep a regular check on your ward's notebooks and encourage them to make submissions on time.
- Please ensure that all work is submitted and on time. Internal assessment is an important part of overall graded performance of your child.



The Work Ahead - Attendance

- Leave during an exam/UT due to a medical reason to be followed up by a medical certificate from a registered medical practitioner (to be considered for a medical leave). Please discourage a child from writing an exam if he/ she is unwell.
- Leave taken due to any other reason should be informed to the class teacher before availing it.
- If the child is taking part in any inter school competition or representing school on state or National level then the child will be granted permission and will be counted as permitted leave.



ACADEMICS -Connecting Home and School

Children benefit tremendously when you help them bridge their two most important worlds-

- ▶ Regular check on website/classroom and notebooks.
- ▶ Complete home tasks on time.
- ▶ Revise the concepts done in online sessions on daily basis.



Google Classroom/Website

- All the information is being put in the Google Classroom.
- Ensure that you receive Guardian Summary. If you are not receiving as yet then give your email id to the class teacher.
- Second round of Unit Test started from November 25, 2020, schedule for the same has been uploaded on the school website.
- Monthwise curriculum is updated on the school website.
- Please check school website and Google classroom regularly.



Rescheduled dates of UT and planning ahead..

- ▶ UT-2 which was scheduled for Jan 4,2021 will now be held on Wednesday, Jan 27,2021 for Middle School.
- ▶ The school will now close on the 25th of December 2020 for winter break and reopen for the students on the 11th of January 2021.
- ▶ A small amount of holiday homework will be given during winter break to ensure that kids are engaged and to keep up the flow of academics.
- ▶ Final Exams will be held in the month of March and syllabus will be completed by mid February.
- ▶ Dates for final exams will be shared one month in advance on the school website.

The Work Ahead - Assessments

- **UT-2 : Second round of unit tests are going on**
- **Term 2 : Exams will be held in the month of March and it will be a written exam of 3 hrs duration.**
- **Internal Assessment (same as term 1):Class performance, work submissions, Enrichment activities and Projects**



Ethics for online classes

- January onwards it is compulsory for children to wear their school uniform to attend online classes and keep their camera switched on at all times.
- Please keep a watch on online behaviour of the child. Ensure they should not write any irrelevant comments in the chat to distract the class.
- Teachers can remove the child from the meet if they indulge in any inappropriate behaviour during the online session.

CHALLENGES FACED BY ADOLESCENTS



- Identity crisis
- Self Esteem
- Body Image
- Anxiety
- Heightened emotions
- Peer Influence
- Online bullying
- Sadness/ Depression
- Study pressure
- Lack of motivation
- Time management
- Relationship Issues
- Cyber addiction
- Substance abuse

MOBILE PHONES, SOCIAL MEDIA AND GAMING



- Our children are Digital Natives
- DOPAMINE rush + Artificial Intelligence = Internet/Phone all the time.
- How to use technology wisely? Stay connected not addicted.
- Lockdown --> limited the choices for recreation
- Conversation/open discussion with children plays an important role.

INTERNET SAFETY



- Be genuinely interested in your child's online life just like in their offline life.
- Keep private information PRIVATE.
- Supervision v/s Surveillance - Supervision is vital. Your child is using heavy machinery.
- Teach Internet Maturity - responsible online behaviours.

ROLE OF PARENTS



- Be a friendly parent
- Understand their adolescent issues
- LISTEN to their feelings- Emotional Safety
- Negotiate screen time
- Lessons from the Pandemic - What's actually important?

ROLE OF PARENTS



- Make family time fun and enjoyable
- Do not seed fear of the unknown or threaten them
- Understand & support them - not blame them
- Use affirmations in language and non-judgemental tone
- Educate yourself to educate your child

VALUES FROM HOME - A Few Suggestions For A Happy Child



- Regularity & Punctuality
- Structure the routine with enough scope for “Me time”
- Mindfulness - respecting boundaries and following rules
- Adequate sleep
- Healthy diet
- Physical exercise
- No screen time before bedtime

Two Dads Teach Us All a *Lesson*



Queries/Questions/feedback/Concerns.....

<https://tinyurl.com/y5pbgdjv>



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Behind every young child who believes in himself is a parent who believed first.

THANK YOU

